



Tools For Action

A sample of physical education initiatives in Wisconsin

Bring your brain along with your muscles to gym class.

Contact Information

Main Contact Person Ann Paton
Title of Main Contact physical educator
School Name Janet Berry Elementary
School District Name Appleton Area School District
Contact Phone Number 920-832-5750
Contact Email Address patonann@asds.k12.wi.us

Program Information

Program Name Bring your brain along with your muscles to gym class.
Program Category Use of technology
Grade Level Elementary School (K-2); Elementary School (3-5)
Assessment Method [No Answer Entered]

Program Information

Products Developed or Materials Used:

[No Answer Entered]

Program Description:

Provided Lumber Jack day activities; walking club; teach dances from countries the classroom is studying about

A Wisconsin Physical Education Program

For information on other **Physical Education Best Practices**, visit the website at:

<http://dev.dhfs.wisconsin.gov/health/physicalactivity/PEhome/> or contact Jon Hisgen at jon.hisgen@dpi.state.wi.us

For information on how your school could become a **Governor's Healthy School Award** winner, visit the website at:

<http://www.schoolhealthaward.wi.gov/> or contact Brian Weaver at brian.weaver@dpi.state.wi.us

For more information on nutrition and physical activity, visit the **Wisconsin Nutrition & Physical Activity Program's website** at:

<http://dhfs.wisconsin.gov/health/physicalactivity/>

or contact staff at:

Meineam@dhfs.state.wi.us

(Amy Meinen, Nutrition Coordinator)

Morgaig@dhfs.state.wi.us

(Jon Morgan, Physical Activity Coordinator)

Pesikme@dhfs.state.wi.us

(Marv Pesik, Program and Grant Coordinator)